

# Supporting Food Security in our Community-2025/2026

## Universal Access

### SHARE Food Bank

<https://sharesociety.ca/share-food-bank>

**Registration:** Must provide ID and proof of address (Eg. Rental agreement, utility bill). Can do this at first visit.

**Hours:** Wednesdays from 10:00am – 1:30pm

Three locations:

- Port Moody – SHARE Family and Community Services - 2615 Clarke Street (rear of building)
- Coquitlam – Hillside Church – 1393 Austin Avenue
- Port Coquitlam – Trinity United Church – 2211 Prairie Avenue

**Tiny Bundles** is a Food Bank initiative that provides additional products to pregnant mothers and those with a baby under 1 year of age. This service is arranged when families visit any of the three locations.

### Food Link Society

Food recovery program

<https://foodlinksociety.ca/>

**Registration:** Applicants fill out the form on the website. Applicants are contacted by a coordinator to book an appointment and to inform them of the documents that are required to assess their need. Once registered, our coordinator will inform them which location and day are assigned for their first pickup

**Hours:** Client pickup window: 1:00 pm – 2:00 pm

Four locations:

- Vanier Centre – 1600 King Albert Ave, Coquitlam (*every second Wednesday*)
- Montgomery Centre – 380 Montgomery St, Coquitlam (*every second Wednesday*)
- Tapestry at Mundy Park – 2600 Austin Ave, Coquitlam (*every second Tuesday*)
- Coquitlam Legion – 1025 Ridgeway Ave, Coquitlam (*every second Friday*)

## School District Partnerships

### Food Link Society – School site partnerships

Food recover program for school families. A partnership with the Food Link Society and School District 43.

<https://foodlinksociety.ca/>

Three Locations:

- Maillard Middle School (PACH)
- Westwood Elementary
- Central Elementary

**Registration:** Access to these programs is arranged thru school staff (Youth Worker, Counsellor, Feeding Futures Department Head or Administration)

### ACCESS Youth: Youth Gour-Made

This program is a youth community kitchen model and not an ongoing food security program. A partnership with Access Youth and School District 43.

<https://accessyouth.org/youth-gour-made/>

Youth are provided with ingredients to prepare a meal for their families at home on a weekly basis during their time in the program. Various social initiatives enhance the experience for youth.

LIMITED availability. Sessional model.

Contact:

Janet (Team Lead)  
604-715-9944 or [gour.made@accessyouth.org](mailto:gour.made@accessyouth.org)

### Starfish

A weekly supplemental food hamper program for school families. A partnership with Tri-Cities Rotary, Walmart and School District 43.

<https://starfishpack.com/tri-cities/>

**Registration:** Access to these programs is arranged thru school staff (Youth Worker, Counsellor, Feeding Futures Department Head or Administration)

## **Backpack Buddies**

Food support for students over the weekend

<https://www.backpackbuddies.ca/>

**Registration:** Access to these programs is arranged thru school staff (Youth Worker, Counsellor, Feeding Futures Department Head or Administration)

## **Community Donations**

Supplemental food supports for hampers through community donations

Partners: Costco, Cobbs, Community Churches, Community Organizations, Fire Fighters, Superstore, No Frills, The School District 43 Foundation

**Registration:** Access to these resources is arranged thru school staff (Youth Worker, Counsellor, Feeding Futures Department Head or Administration)